



Piedmont Healthcare Diabetes Self-Management Education Classes

Location	Class/Offering	Day/Time	Contact
Piedmont Atlanta	<p>ADA Recognized Diabetes Basics Class <i>Registered Dietitians provide Medical Nutrition Therapy</i></p> <p>Individual consultation available **All individual visits available virtually as Telehealth**</p>	<p>Wednesdays 8:00 a.m. - 12:30 p.m.</p> <p>Individual consultation is available Monday through Friday by appointment.</p>	770-801-2345
	<p>8-Week Diabetes Prevention Program</p>	<p>Fridays, 8:00 - 9:00 a.m. Piedmont Atlanta Fitness Center</p>	404.605.3828
Piedmont Columbus Regional	<p>Diabetes Basics Class</p> <p>Individual consultation available</p>	<p>2nd Saturday each month* 9:00 a.m. - 11:30 a.m.</p> <p>*Dates are subject to change; please call the registration line to verify date. <i>No referral necessary.</i></p>	706-321-3741
	<p>CDC Recognized Diabetes Prevention Program</p>	<p>Call to inquire about next start date and program enrollment.</p>	706-321-3741
	<p>Midtown Medical Clinic Individual consultation</p>	<p>Individual consultation is available Monday through Friday by appointment.</p>	706-660-6191
Piedmont Fayette	<p>ADA Recognized Diabetes Basics Class <i>Registered Dietitians provide Medical Nutrition Therapy</i></p> <p>Diabetes Prevention Education available</p> <p>Individual consultation available</p>	<p>2nd and 4th Tuesday each month 8:30 a.m. - 1:00 p.m.</p> <p>Individual consultation is available Monday through Friday by appointment.</p>	770-801-2345

Piedmont Athens Regional	<p>ADA Recognized Diabetes Basics Class <i>Registered Dietitians provide Medical Nutrition Therapy</i></p> <p>Diabetes Prevention Education available</p> <p>Individual consultation available</p>	<p>1st Thursdays 9:00 a.m. – 1:00 p.m. 3rd Wednesdays 1:00 p.m. - 5:00 p.m.</p> <p>Individual consultation is available Monday through Friday by appointment.</p>	706-475-5600
Piedmont Newton	Education available on a limited basis.		770-786-7053
Piedmont Rockdale	<p>ADA Recognized Diabetes Basics Class <i>Registered Dietitians provide Medical Nutrition Therapy</i></p> <p>Diabetes Prevention Education available</p> <p>Individual consultation available</p>	<p>3rd Tuesday 8:30 a.m. - 2:30 p.m. (Lunch included.)</p>	770-475-1000

Piedmont's MyHealth360 medical plan covers unlimited diabetes and pre-diabetes education classes and three nutritional consultations each plan year. Physician referral is required.